



# Bridging the Gap:



## From Child to Adult Health Systems

Join us for a free presentation and conversation to help guide families through the transition from child centered to adult mental health systems. Youth and families are often overwhelmed and under-prepared for the transition to adult health care, especially in the area of mental health. This presentation will introduce, and discuss when to start thinking about transition as well as provide helpful tools and resources. This training is available for families as well as educators and other professionals.

**DATES & TIMES:** Thursday, October 28, 6-7 PM

**LOCATION:** Zoom video/phone conferencing

**As a result of participating in this presentation we hope you will:**

- Understand what youth health care transition is and why it is important.
- Identify activities in daily life where transition occurs.
- Apply tools and resources to take an active role in the health care transition process.
- Start a health transition action plan.



**For more information, or to register:** Go to [www.northernregionalcenter.org](http://www.northernregionalcenter.org) or call 715-261-1906 or email [specialneedsinfo@co.marathon.wi.us](mailto:specialneedsinfo@co.marathon.wi.us). We will email you instructions on joining Zoom along with a link to a video that provides an introduction to health transition.

This training is coordinated by the Western and Northern Regional Centers for Children and Youth with Special Health Care Needs and the Wisconsin Youth Health Transition Initiative.

