

Build Your Bridge: Moving from Child to Adult Health Care

Free virtual presentation and conversation

For families, who have children with complex care needs, to learn about the transition from child-centered (pediatric) to adult health care systems.

The idea of transition may feel over-whelming. This interactive training will help you to decide when to start talking about health care transition and tips for talking with your child, starting at age 12. You will leave with helpful tools and resources and will start a plan for health care transition for your child and family.

DATES & TIMES: Thursday, January 21, 2021 at 7:30-8:30 PM or

Saturday, January 23, 2021 at 8:30-9:30 AM

LOCATION: Zoom video/phone conferencing

By participating in this training, you will be able to:

- Define youth health care transition, what it is and why it is important.
- Identify activities in daily life for which transition occurs.
- Apply tools and resources to take an active role in the health care transition process.
- Start a health transition action plan.



For more information contact: You can register at: <https://tinyurl.com/y48upo72>. Contact the Northern Regional Center for Children and Youth with Special Health Care Needs at 715-261-1906 with any questions. We will email you instructions on joining Zoom along with a link to a video that provides an introduction to health transition.